



HCS/CIR/2022-23/54-B

Dear Children

Greetings from Holy Child School!

Cooking without Fire activity is being organized for the students of Class 7. The activity will be held on Wednesday, October 19, 2022.

Kindly bring the following material for the “Cooking without Fire Activity”

Dish: Bhel-puri

Ingredients –

- 2 Cups Puffed Rice (Murmura/Mamra)
- 5-6 Paapdi (Crunchy Salty Wafers)
- 1 Tablespoon Roasted Peanuts
- 1/2 Cup Sev (think crunchy noodles made from Gram Flour)
- 1/2 Cup Onions
- 1/2 Cup boiled Potatoes
- 1/2 Cup Tomato
- 1 Green Chilli
- 2 Tablespoons Fresh Coriander Leaves (Dhania)
- 1/2 Tablespoon Lemon Juice
- 2 Teaspoons Tamarind Chutney (Imli Ki Chutney)
- 2 Teaspoons Green Mint Coriander Chutney
- 1 Teaspoon Salt, or to taste
- 1/2 Teaspoon Red Chilli Powder
- 1 Teaspoon Chaat Masala

Essential

Table mat, gloves, chef cap, apron, bowls, plates tea spoons (serving spoon)and serving bowls

Rules:

- All cooking ingredients should be brought from home. (Pre-cooked and pre-boiled ingredients are allowed).
- Participants must wear a chef cap and an apron. Knives are allowed.
- Dish card must be displayed along with the prepared dish.
- Time Duration: 30 minutes

Principal